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# WELCOME TO RHODE ISLAND

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While in the Ocean State, **you are required to:**

- Wear a mask **anytime you are with people you don't live with.**
- Quarantine for 14 days if you are arriving from abroad or a state with a COVID-19 positivity rate higher than 5%.
  - **Exception:** provide proof of a negative test taken within the 72 hours **prior to arrival.**
  - **Quarantining for 14 days is always preferred** over a negative test result.
- Keep social gatherings limited to the people you live with – your household.
- Stay at home between 10:00 pm and 5:00 am on weeknights and 10:30 pm and 5:00 am on Fridays and Saturdays.

For more information, and details about scheduling a test for COVID-19, visit

**[health.ri.gov](https://health.ri.gov)**

